

## ACADEMY ALUM PROGRAM

# SAINT URSULA

ACADEMY



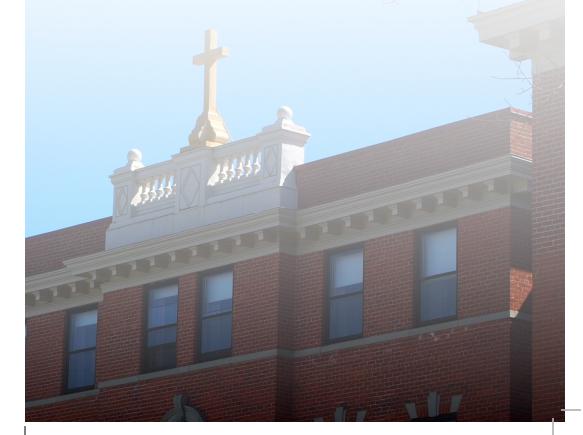


BECOMING A SAINT URSULA WOMAN

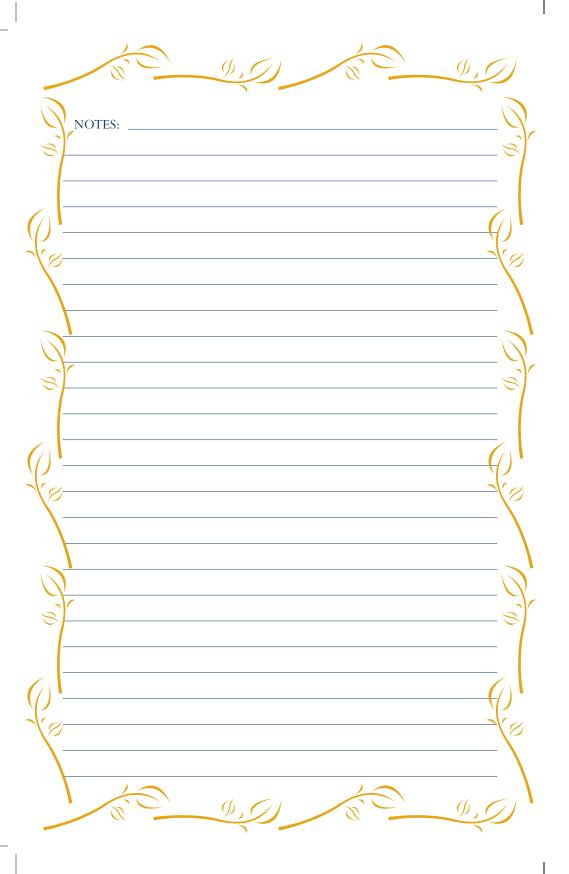
#### Mission Statement

St. Ursula Academy is a nurturing

Catholic educational community founded in the Ursuline tradition. St. Ursula encourages academic excellence and empowers each student to become a woman of faith, integrity and courage committed to building a better world.



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## THE ACADEMY ALUM

The elementary school graduate comes to St. Ursula Academy open to new possibilities. During her four years, she gradually understands and then embraces the spirit of St. Angela Merici and the mission of the Academy as a Catholic, Ursuline school. Consequently, at her graduation she is a woman of *faith*, *integrity and courage*, *committed to building a better world*. She is the embodiment of the school's mission and is prepared to cultivate the vine that the school has entrusted to her.

St. Ursula Academy, in partnership with her parents, has provided her with the tools to advance to the next stage of her life with complete confidence in her preparedness. Nurtured by the St. Ursula community she has grown since first embarking upon her journey at the Academy, and has now achieved a level of maturity that will be her foundation for all facets of her life—intellectual, emotional, physical, social, and religious. The St. Ursula Academy graduate is prepared to learn, has the ability to lead, is ready to serve, is eager to witness, and is committed to faith. She is ready to assume the roles that she must play in the world: thinker, leader, nurturer and prophet.









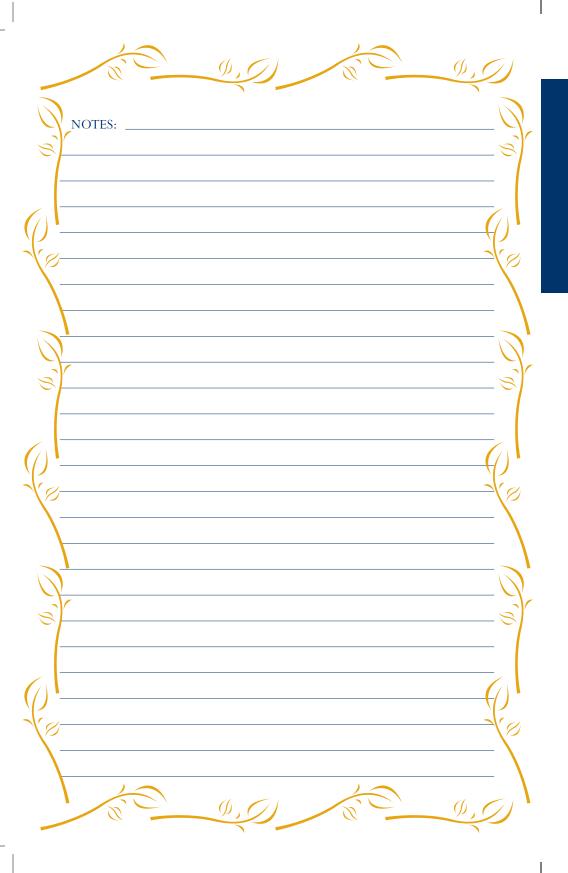
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Never cease to cultivate this vine, which has been entrusted to you.

After that leave the rest to God to work wonders at the time which God finds best.

Eighth Counsel, St. Angela Merici





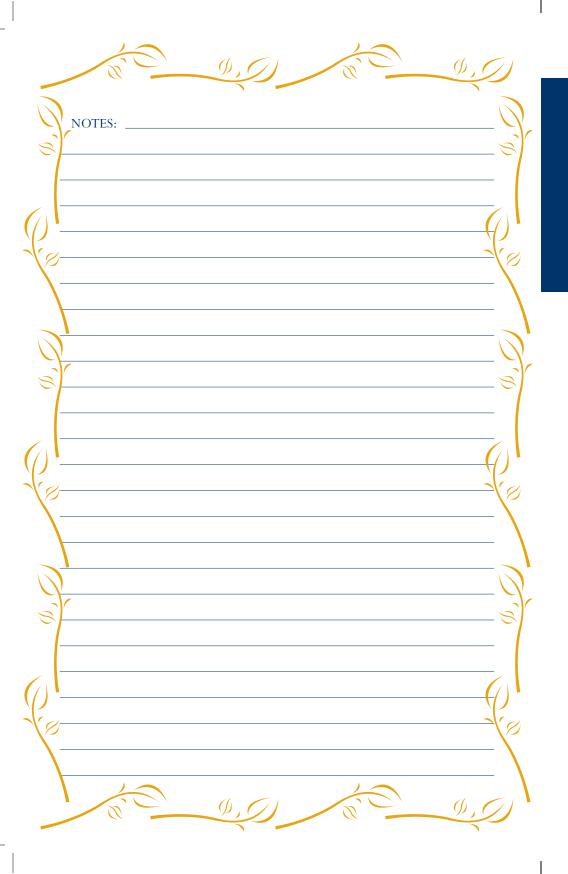
Still open to new possibilities and further growth, the graduate as a reflective thinker



- is information literate and prepared for the academic challenges of advanced education. She knows how to learn and has skills for further study in all of the academic disciplines.
- is curious. She has been instilled with a desire to learn and to continue to seek knowledge. She has achieved the ability to be discerning, to examine all aspects of an issue and form an opinion that is based on her inquiry and analysis.
- is open minded; a critical thinker and lifelong learner. She is conscious of her responsibility to use her gifts for the betterment of the world in which she is engaged.
- is confident. Having met diverse challenges, she recognizes her talents and limitations. She understands she must continue to grow in self-awareness and self-acceptance.
- is creative. She dares to forge new paths in a complex world.
- values what is true, right and lasting. Relying on the gifts of the Holy Spirit, she seeks wisdom.

See to everything as the Holy Spirit inspires you.

Seventh Legacy, St. Angela Merici



### As a prophet

immersed in the Paschal

Mystery through

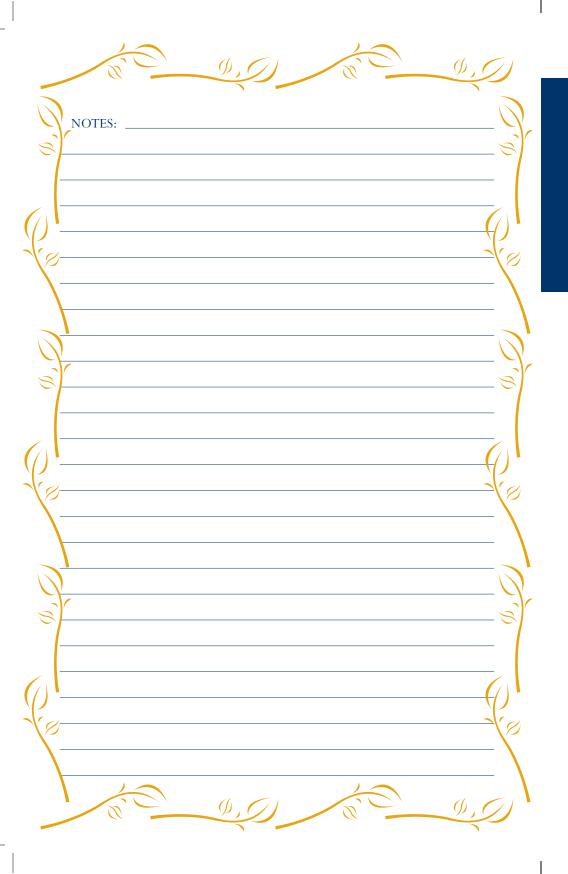
Baptism, the graduate



- witnesses through word and deed God's presence in the world.
- proclaims the Resurrection; she speaks and acts with hope in a world weighed down with negativity.
- creates a society where the rights of the disadvantaged, marginalized and defenseless are respected and promoted.
- acts as steward of creation living in harmony with the earth and protecting it from misuse.
- rejects the world's values when they are in conflict with the Gospel.

Act so that by your example they are stirred and encouraged to live virtuous lives.

Sixth Counsel, St. Angela Merici



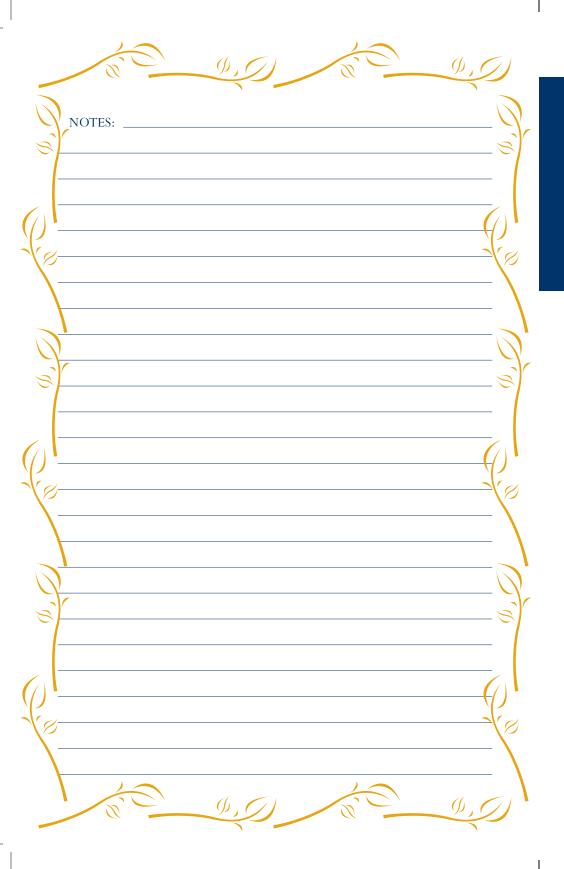
As a leader serving the community, the graduate



- dedicates herself to virtue and honor within the vocation she chooses.
- exhibits humility. Because she is confident in her own abilities and gifts, she is free to celebrate the success of others.
- is a collaborator but she does not dismiss competition when it is appropriate.
- embraces her responsibility to lead by example. She shares her talents, time and gifts with others in service to the mission.
- strives for excellence. She does not sacrifice her integrity for any reason.
- takes responsibility for herself and her own actions.

Act, bestir yourselves, have faith, make efforts, have hope, cry aloud to him with all your heart; then, without any doubt, you will see marvels.

Prologue to the Counsels, St. Angela Merici



Accepting the Gospel imperative to love God and to love her neighbor as herself, the graduate as Nurturer



- nourishes her own spiritual, intellectual, physical and moral growth so that she is able to care for others and cope with adversity.
- knows that happiness comes from within herself and is not dependent upon other people or circumstances.
- cultivates community; she builds relationships with like-minded people to live a life of goodness and to affect positive change in the world.
- celebrates diversity, welcoming challenges that compel her to expand her world view.
- looks beyond herself; she is courteous, compassionate and responsive to the needs of others.

Consider how greatly you must respect them; for the more you respect them the more you will love them; the more you love them, the more care and concern you will have for them.

Prologue to the Counsels, St. Angela Merici